

# THE EXPLOSIVE CHILD

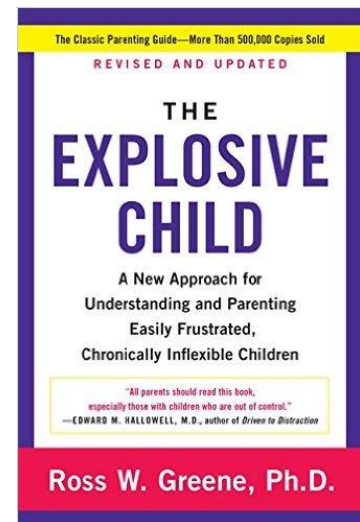
Based on the book “The Explosive Child” by Ross W. Greene

Do you experience challenging behavior by your kid(s) such as screaming, swearing, crying, hitting, kicking, spitting, and/or biting? These can be just a few of the challenging behaviors seen in children who are having difficulty meeting their parents’ expectations. As a result, parents are often left feeling frustrated, angry, overwhelmed, and desperate for ways to change this.

My goal for this 8 week group is for you to begin to understand why and when your child does these challenging behaviors, and how to best respond in effective, nonpunitive ways.

## Some of the topics that will be cover are:

- Understand the factors contributing to challenging episodes.
- Identify the specific situations in which challenging episodes are likely to happen.
- Reduce or eliminate challenging episodes by solving the problems which cause them.
- Solve problems collaboratively (rather than unilaterally) and proactively (rather than reactively).
- Help your child develop the skills to be more flexible, solve problems, and handle frustration more adaptively.
- Reduce hostility and antagonism between you and your child



**When:** Begins Thursday, October 15 (weekly for 8 weeks; excluding 11/26 for Thanksgiving)

- **Thursdays:** 9:00 am – 10:30 am \*Space is limited to 10 participants\*

**Where:** Life Skills Resource Group, 6068 S. Apopka Vineland Rd., Orlando, FL, 32819

**Rates:** \$55 Registration Fee (Includes cost of book and the first session fee)

\$45 per session (whether you attend or not)

**Registration Ends October 12, 2015 (\$55 fee is fully refundable until 10/12; after 10/12: registration fee not refundable; group fee is refundable if we find a person to fill your spot)**

**Contact:** Amy Smith at [lifeskillsresourcegroup@gmail.com](mailto:lifeskillsresourcegroup@gmail.com) or call the office at 407.355.7378 to sign up.

**See back** for Registration/Payment Information (This information will be kept secure)

**REGISTRATION INFORMATION**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

**\*\*PAYMENT POLICY\*\***

- I authorize Amy Smith to charge my card **\$55** for the registration
- I authorize Amy Smith to charge my card for **\$45** for each group, whether or not I am able to attend, and understand that this information will be kept secure.

Cardholder Name (please print) \_\_\_\_\_

Cardholder Signature \_\_\_\_\_

Card Type: VISA \_\_\_ MASTERCARD \_\_\_ AMEX \_\_\_ DISCOVER \_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_ Billing Zip Code \_\_\_\_\_

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Client/Guardian Signature

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Date